Sermon Study | 10 and 2 Rumble Strip | Ephesians 5 August 25, 2019

Dive deeper into this week's message and passages from the Bible. Here are some questions to help you guide your group discussion.

Driving at 10 and 2 gives you the most control possible because you can move in either direction. The right position gives you the edge in emergency situations. When you place your faith in Jesus, He gives you the Spirit of God who will help shift your hands up to 10 and 2, to live under His influence instead of the influence of alcohol. One of the best ways to be filled with the Spirit of God is to sing!

Read Ephesians 5:14-18, Galatians 2:20 and John 6:63. Paul wrote a letter to a young church, a group of people who just started following Jesus, and gave them a call to rise up, and Christ would give them light, the Spirit of God, a Helper. We just need to fill our minds on the things of the Spirit day after day. This truth has the power to change everything.

- Anyone have a funny story from when you were learning to drive? Why were we taught 10 and 2 when we were learning to drive?
- Anyone feel like they are in an emergency situation? Right now, what's your default position during emergency situations? What do you do to get more control?
- What's one word you would use to describe the Holy Spirit? What has been your experience with the Holy Spirit?
- What are the differences in being filled with or under the influence of wine and being filled with or under the influence of the Holy Spirit? What is influencing you? Alcohol is just one of many things that we place ourselves under the influence of. What is it for you? What are you under the influence of?

Read Ephesians 5:19-20, Psalm 96:1-2 and Psalm 47:6. In just three verses we're commanded to sing seven times. All together the Bible contains over 400 references to singing and 50 direct commands to sing. God Himself even joins in on the singing. Even Jesus, on the eve of his crucifixion, sang hymns with his disciples. God's heart for setting words to melodies is evident.

- When you thinking about reading and singing, which helps you connect better with God? Do you hear His truth through or a song, or reading it through Scripture?
- Our study today and Daily Bible Reading content are based on Ryan's message this week. This
 content is designed around the teachings of Jesus. Have you signed up for DBR? If not, when will
 you do it?
- We will naturally reflect what we are influenced by. What are you reflecting? Are you reflecting His Spirit with love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control? What do you need help reflecting?

Reflect:

- What is God saying to you through His word?
- How and when will you respond?

DAILY BIBLE READING

Need a review of what we're reading in Daily Bible Reading? Here's a glance at how we're being challenged this week.

Day One: Galatians 2:20 | It is no longer I who live.
Day Two: Ephesians 5:14-16 | Awake, O sleeper.
Day Three: Ephesians 5:17-18 | Drink after drink.
Day Four: Ephesians 5:19 | Make music to the Lord.
Day Five: Psalm 96:1-2, Psalm 47:6 | Sing a new song.