

# **Sermon Study | Distracted at the Wheel**

## **Rumble Strip | 2 Kings 5**

### **August 18, 2019**

*Dive deeper into this week's message and passages from the Bible. Here are some questions to help you guide your group discussion.*

**Following Jesus isn't always easy, but it's not complicated. There's a lot of things that can distract us. All of us have to get to a place where we are willing to surrender to the rumble strips God has lovingly placed in our lives. They come in unexpected places sometimes. When we humble ourselves, God's strength begins to flow through us to help us walk free.**

**Read 2 Kings 5:1-16. Naaman just thought he had a skin condition. He didn't realize the captive girl was pointing him to the hope that can only be found in the one true God.**

- If you were the captive girl, would you have been willing to point Naaman to hope? Why or why not? When has someone reached out when it was clear you needed help and hope? Who could you do that for in your life?
- The purpose of Elisha's life was to put a spotlight on God for others to see. In what ways do you see Elisha living out that purpose in these verses? How do you see him staying focused on that purpose, not allowing Naaman's confusion or frustration to sway him? How does this encourage you for living out God's purpose in your own life?
- Naaman's officers reasoned with him and helped him see things in the right light. Who can speak into your life when your emotions get the best of you?
- When Naaman humbled himself and did what Elisha told him to do, what was the result?
- Will you have the humility and obedience to do something that might have you frustrated and confused?

**Read Luke 4:27, John 5:6, and 2 Corinthians 1:8-9. Jesus meets us in our humility and obedience. He shows up! But we have to stop relying on ourselves.**

- In what ways do you see people showing humility in any of these verses? What is the result each time?
- Is there any area of your life that's keeping you from living the life you want to live, an area where you need to humble yourself and surrender to God? If you did so, what do you believe could be the result?
- When you can't see all that God is doing in your life, are you willing to step out in obedience to Him, or do you tend to become frustrated? What would you need in order to stop relying on yourself, not give up and just show up?
- Would you like to get well? What would it look like in your life for healing to happen?

What is God saying to you through His word?  
How and when will you respond?

#### **DAILY BIBLE READING**

Need a review of what we're reading in Daily Bible Reading? Here's a glance at how we're being challenged this week.

**Day One: 2 Kings 5:5-10 | Put a giant spotlight on Jesus.**

**Day Two: 2 Kings 5:14 | God showed up.**

**Day Three: 2 Corinthians 1:8-9 | Stop relying on yourself.**

**Day Four: Luke 4:27 | Distracted from God's healing power.**

**Day Five: John 5:6 | Would you like to get well?**