

Student Guide: Enough

September 22, 2019

Look Ahead

Make sure you bring your new journal and Bible each week to Catalyst, or download your favorite version (we use NLT) from the Bible app on your phone or device.

Pro tip: turn your phone on "Do Not Disturb" so you don't get distracted!

**"Contentment is the
perspective you choose,
regardless of the
circumstances you have."**

Discussion

1. Start with highs and lows for the week.
2. What stood out to you from the message tonight?
3. Someone in the group recap the story of Elijah.
Who do you relate to more, and why? (Elijah or the widow?)
4. In what area of your life do you feel like you don't have enough? What is one area of your life right now where you need to practice more contentment?

Scripture

And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others.

2 Cor. 9:7-8

