

# FRESH FAITH | WEEK 6: GEAR UP

NOVEMBER 11, 2018

## SERMON STUDY

Dive deeper into this week's message and passage from the Bible. Here are some questions to help you guide your group discussion.

In Ephesians 6, Paul wraps up his letter by warning Christians of an enemy who is actively attacking them and describing how to withstand Satan's attacks. Paul's words weren't just for the Ephesians. Even today, we are in the middle of the same war and need to know how to stand firm.

**Read Ephesians 6:10-12 and 1 Peter 5:8. Satan is described as a hunter or a lion, seeking someone to devour—he doesn't want us to see him before he strikes.**

- C.S. Lewis wrote, "When it comes to Satan, people usually fall into one of two errors—we either take him altogether too seriously or we do not take him seriously enough." Which of these errors do you tend to fall into?
- How can you determine if your temptations, doubts, and relational problems are beyond the norm and are actually spiritual attacks? Have your experiences with spiritual attacks caused you to depend more or less on God? Explain.

**Read Ephesians 6:13-18. God has provided us with armor we are to put on before any attacks occur.**

- If how you dress indicates what you expect to encounter in a day, what does your spiritual wardrobe indicate about how well prepared you are for spiritual attacks?
- How can you become proactive about putting on God's armor before an attack?

**Read Ephesians 6:18 again and James 5:16. Stay alert and never give up! Satan cannot defeat you if he can't disarm you.**

- In what ways are you too confident in your skills (intellect, talents, people skills, etc.) that you have overlooked your true dependence upon Jesus? How can you stay alert against Satan's plots?
- We are as sick as our secrets. What we keep hidden can be an opening in our defensive shield, opening us up to become a victim of attack. How can you link shields with other believers for more strength? How would your life improve if you were freed from secret sins that chronically trip you up?
- When are you most vulnerable to attack—in a dark low, or after a great victory?
- How can you stay connected to meaningful relationships with other believers who can support, encourage, and pray with you through attacks?

## REFLECT

What is God saying to you through his word? What are you going to do about it, and when?

## DAILY BIBLE READING

Here's an overview of what we're being challenged with this week in Daily Bible Reading:

Day One: Ephesians 6:10-12 | Unseen War, Hidden Enemy

Day Two: 1 Peter 5:8 | What Are You Wearing?

Day Three: Ephesians 6:13-15 | Stand Firm and Gear Up

Day Four: Ephesians 6: 16-18 | God's Armor

Day Five: Ephesians 6:18 & James 5:16 | Stay Alert

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